## Welcome to Upward Bound at Lincoln University

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**Upward Bound** is one of the oldest Trio Programs, it is a highly successful college based program of rigorous academic instruction, individual tutoring and counseling for low-income, disadvantaged high school students most of whom are the first generation of their families to consider post-`secondary education. During the summer, Upward Bound students live on the college campus for five-six weeks and are involved in an intensive academic study program with an emphasis on English, mathematics, science, reading and writing. During the academic year, Upward Bound students receive academic instruction, tutoring and counseling after school. Counselors follow their progress in high school and the students learn about the college application process and how to apply for students financial assistance.

**Success Rate:** A 1981 study found that overall more than 90 percent of Upward Bound graduates enter institutions higher learning and more than twice as likely to enroll in four-year post-secondary institutions as students from similar backgrounds. Four years school graduation, Upward Bound graduates were four times as likely to have earned an undergraduate degree as students from similar backgrounds who did not participate in Upward Bound 12<sup>th</sup> graders from 54 randomly selected projects and a comparison group of similar students for four years.